

Critical Skills Defined

Critical Skill Domain	Terminal Goal
1. Toileting	Independent use of a bathroom, when necessary, including locking the door, wiping seat, wiping self (if necessary), washing hands, exiting bathroom and return to "location"
2. Dressing	Closing door for privacy, independent selection of appropriate clothes, donning clothes in correct order and orientation and checking appearance before opening door and exiting area
3. Independent Eating	To correctly use all appropriate utensils (knife, fork, spoon) to eat a variety of foods neatly and at a culturally accepted pace
4. Bathing/Self-Care	To independently bathe/shower and complete relevant self-care/hygiene skills (e.g., brushing teeth, grooming)
5. Household Participation	Independent completion of a variety of household chores or activities of daily living. The issue is not whether to target these skills, but rather when to target them
6. Group Learning	To acquire new skills when presented via dyad or triad instruction at a rate of acquisition similar to that documented via 1:1 instruction
7. Tolerating Situations Related to Health and Safety	To participate in healthcare management activities (e.g., doctor or dentist visits)
8. Self-Management	To identify one's own behavior as either appropriate or inappropriate and deliver potential reinforcement in the absence of supervision
9. Problem-Solving/ Variable-Responding	To engage in more than one potential solution when presented with a relevant problem or challenge
10. Environmental Physical Safety	To identify and avoid potential "non-human" dangers in the immediate environment
11. Interpersonal/ Situational Safety	To demonstrate a reasonable degree of noncompliance and/or safety when presented with "privacy" or unsafe requests from an unapproved person
12. Communicating Wants/Needs	To make one's wants and needs known to naïve listeners across multiple environments
13. Self-Advocacy	To make known one's choices, set their own goals, problem-solve, request accommodations, etc.
14. Social Participation	To be involved in activities that provide interaction with others and express interpersonal interactions outside and within the home